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Page : 3 of 4

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Amendments to the Claims:

This listing of claims replaces all prior versions and listings of claims in the application:

Listing of Claims:

1-23. (Cancelled)

24. (Original) A method for reducing pain, inflammation, stiffness, or discomfort in a mammal, said method comprising administering a dietary supplement, to said mammal, in an amount effective to reduce said pain, inflammation, stiffness, or discomfort, wherein said dietary supplement comprises an aminosaccharide, a ginger component, and an enzyme.

25. (Original) The method of claim 24, wherein said aminosaccharide is glucosamine.

26. (Original) The method of claim 25, wherein said mammal receives a daily dose of said glucosamine, said daily dose being between 2 mg/Kg and 20 mg/Kg of body weight of said glucosamine.

27. (Original) The method of claim 24, wherein said ginger component is ginger oil.

28. (Original) The method of claim 27, wherein said mammal receives a daily dose of said ginger oil, said daily dose being between 25 mg/Kg and 50 mg/Kg of body weight of said ginger oil.